

# MAIN MENU

EACH DISH IS SERVED WITH A SIDE OF WHITE RICE, BROWN RICE, OR STEAMED VEGETABLES.

YOUR CHOICE OF

VEGETABLES, OR MOCK DUCK	\$13.95
FRIED TOFU OR STEAMED TOFU	\$13.95
CHICKEN	\$14.95
BEEF, OR SHRIMP, OR CALAMARI	\$15.95
MIXED SEAFOOD OR SALMON	\$17.95



## NOODLES



### PHAD THAI

PREPARED WITH THIN RICE NOODLES SAUTÉED IN OUR PHAD THAI SAUCE WITH EGG, BEAN SPROUTS, SCALLIONS, TOPPED WITH CILANTRO, AND SERVED WITH CRUSHED PEANUTS

### ZUCCHINI PHAD THAI (CAN BE MADE VEGAN)

PREPARED WITH THIN ZUCCHINI NOODLES SAUTÉED IN OUR PHAD THAI SAUCE, EGG, BEAN SPROUTS, SCALLIONS, TOPPED WITH CILANTRO AND SERVED WITH CHICKPEAS

### DRUNKEN NOODLES

FLAT RICE NOODLES SAUTÉED WITH ONIONS, BEAN SPROUTS, BELL PEPPERS, AND BASIL IN GARLIC SAUCE

### PHAD SEE EW

FLAT RICE NOODLES SAUTÉED WITH EGG, CARROTS, FRESH GARLIC, WHITE PEPPER, AND CHINESE BROCCOLI IN SWEET SOY SAUCE

### PHAD WOON SEN

SILVER NOODLES SAUTÉED WITH EGG, CARROTS, TOMATOES, GARLIC, ONIONS, CABBAGE, AND GREEN ONIONS.

## FRIED RICE

### THAI FRIED RICE

STIR-FRIED WITH EGG, TOMATOES, CHINESE BROCCOLI AND WHITE ONIONS

### SPICY FRIED RICE

STIR-FRIED WITH ONIONS, BELL PEPPERS, AND BASIL IN GARLIC SAUCE

### CURRY FRIED RICE

STIR-FRIED WITH CURRY POWDER, EGG, PEAS & CARROTS, AND ONIONS, SERVED WITH A SIDE OF CUCUMBER SAUCE

### PINEAPPLE FRIED RICE

STIR-FRIED WITH PINEAPPLES, CASHEW NUTS, EGG, RAISIN, AND PEA & CARROTS

NOODLE, FRIED RICE AND STIR-FRIED DISHES CAN BE MADE GLUTEN-FREE AND  
GF V VEGAN  
UPON YOUR REQUEST.  
PLEASE INFORM YOUR SERVER.



## CURRIES

### PANANG CURRY GF

PREPARED WITH COCONUT MILK, KAFFIR LIME LEAVES, GREEN BEAN, BELL PEPPERS, AND THAI BASIL

### GREEN CURRY GF

PREPARED WITH COCONUT MILK, BAMBOO SHOOTS, EGGPLANTS, PEAS & CARROTS, BELL PEPPERS, AND THAI BASIL

### RED CURRY GF

PREPARED WITH COCONUT MILK, GREEN BEANS, BAMBOO, PUMPKIN, BELL PEPPERS, AND THAI BASIL

### PINEAPPLE CURRY GF

LIGHT RED CURRY PREPARED WITH COCONUT MILK, PINEAPPLES, BROCCOLI, CARROTS, AND BELL PEPPERS

### YELLOW CURRY GF

PREPARED WITH COCONUT MILK, POTATOES, ONIONS, CARROTS, AND BELL PEPPERS

## STIR FRIED

### SWEET BASIL

STIR-FRIED WITH CARROTS, GARLIC, MUSHROOMS, WHITE ONIONS, BELL PEPPERS, AND THAI BASIL

### KAOW KA POW

( CHOICE OF MINCED CHICKEN OR BEEF )

MINCED CHICKEN OR BEEF, STIR-FRIED WITH THAI BASIL, BELL PEPPERS, AND GARLIC, SERVED WITH A FRIED EGG

### CAULIFLOWER

STIR-FRIED CAULIFLOWER WITH CARROTS, GARLIC, ONION, BELL PEPPERS, AND CASHEW NUTS

### EGGPLANT

STIR-FRIED CHINESE EGGPLANT, GARLIC, CHILI PASTE, BELL PEPPERS, WHITE ONION, CARROTS, AND THAI BASIL

### BROCCOLI

STIR-FRIED BROCCOLI (CAN BE SUBSTITUTED FOR CHINESE BROCCOLI), CARROTS, AND FRESH GARLIC

### SWEET BASIL PUMPKIN

ROASTED JAPANESE PUMPKIN SAUTÉED WITH SWEET BASIL LEAVES, GARLIC, AND EGG

### BUDDHA DELIGHT

(CHOICE OF GARLIC AND SOY BEAN SAUCE OR PEANUT SAUCE)

ASSORTED VEGETABLES INCLUDING CABBAGE, CAULIFLOWER, CARROTS, BROCCOLI, ZUCCHINI, AND GREEN BEANS PREPARED WITH YOUR CHOICE OF SAUCE ABOVE

### GINGER SPICE

FRESH GINGER SAUTÉED WITH GREEN ONIONS, BELL PEPPERS, CARROTS, GARLIC, AND MUSHROOMS

## SWEET TREATS

### BUA LOY GF V \$6

SOFT AND SLIGHTLY CHEWY PUMPKIN BALLS COOKED IN SWEETENED COCONUT MILK, SERVED WARM

### COCONUT ICE CREAM GF V \$6

THAILAND'S MOST FAMOUS ICE CREAM

### MOCHI ICE CREAM GF \$6.95

YOUR CHOICE OF GREEN TEA OR MANGO FLAVOR

### MANGO WITH SWEET STICKY RICE GF V \$8.95

SWEETENED COCONUT MILK-FLAVORED STICKY RICE SERVED WITH FRESH MANGO (SEASONAL)





# WHAT DE HEALTH THAI menu



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## STARTERS

### FRESH ROLLS GF

(TOFU \$7.95 OR SHRIMP \$8.95)

ORGANIC LETTUCE LEAVES, CARROTS, CUCUMBER, AND PEA SHOOTS, WRAPPED IN RICE PAPER, SERVED WITH PEANUT SAUCE AND PLUM SAUCE (VEGETARIAN)

### MIENG KHAM GF

(TOFU \$7.95 OR SHRIMP \$8.95)

TRADITIONAL THAI SNACK: ORGANIC LACINATO KALE LEAVES FILLED WITH ROASTED CHICKPEAS, COCONUT, DICED LIME, DICED GINGER, DICED RED ONION, SERVED WITH LEMONGRASS SAUCE

### THAI DUMPLINGS \$8.95

(SHRIMP OR CHICKEN)

STEAMED DUMPLINGS STUFFED WITH CARROTS, AND GREEN ONION, SERVED WITH HOUSE-MADE DIPPING SAUCE

### SATAY GF

(TOFU \$8.95 OR CHICKEN \$9.95)

MARINATED WITH OUR SPECIAL BLEND OF HERBS AND SPICES IN COCONUT MILK, GRILLED ON SKEWERS, SERVED WITH PEANUT SAUCE AND CUCUMBER SAUCE

### CHEESY STUFFED \$8.95

FRIED WONTONS STUFFED WITH CREAM CHEESE AND HERBS, SERVED WITH PLUM SAUCE

### CRISPY ROLLS \$7.95

(VEGETABLES OR CHICKEN)

CABBAGE, CARROTS AND GLASS NOODLES (DEEP FRIED), SERVED WITH PLUM SAUCE

### GARLIC EDAMAME GF \$6.95

SEASONED EDAMAME TOSSED WITH FRIED GARLIC

### POT STICKER \$7.95

(VEGETABLES OR CHICKEN.)

FRIED WONTONS STUFFED WITH CREAM CHEESE AND HERBS, SERVED WITH PLUM SAUCE

### STEAMED MUSSELS \$13.95

PREPARED WITH LEMONGRASS, KAFFIR LIME LEAVES, GARLIC, AND THAI BASIL IN WHITE WINE BROTH, SERVED WITH THAI-STYLE SPICY DIPPING SAUCE

### MOO YANG \$9.95

MARINATED BBQ PORK WITH OUR SPECIAL BLEND OF HERBS, GRILLED ON SKEWERS, SERVED WITH TAMARIND SAUCE

## SALAD

### GINGER CHICKEN SALAD GF \$11.95

GROUND CHICKEN, RED ONION, GINGER, QUINOA & CHICKPEA WITH LIME DRESSING

### THAI SALAD GF \$9.95

SPRING SALAD GREENS, BOILED EGG AND CRISPY TOFU, SERVED WITH PEANUT DRESSING

### CUCUMBER SALAD GF \$6.95

SLICED CUCUMBER AND SPRING ONION TOPPED WITH CILANTRO IN SWEET VINEGAR SAUCE

### YUM WOON SEN GF \$12.95

GLASS NOODLE SALAD WITH TOMATO, ONION, CELERY, GREEN ONION, MINCED CHICKEN, AND SHRIMP SEASONED WITH SPICY LIME DRESSING

### SPICY TUNA WITH HERB SALAD GF \$8.95

THAI STYLE TUNA SALAD WITH GREEN ONION, RED ONION, QUINOA, AND MINT SEASONED WITH THAI CHILIES, AND LIME, SERVED WITH LETTUCE

### LARB GF

(TOFU \$9.95, CHICKEN \$11.95, BEEF \$11.95, OR SALMON \$16.95)

THE MOST LOVED THAI COUNTRY STYLE SALAD WITH LIME DRESSING, RED ONION, ROASTED RICE POWDER, MINT LEAVES, SERVED WITH YOUR CHOICE OF PROTEIN

### SOM TUM GF \$9.95

SHREDDED GREEN PAPAYA, CARROTS, GREEN BEANS, TOMATOES, AND SHRIMP, SEASONED WITH THAI CHILI, LIME JUICE, PALM SUGAR, GARLIC, PEANUTS, AND FISH SAUCE



## SOUP

SELECT ONE OF THE FOLLOWING

VEGETABLES OR ORGANIC TOFU \$7.95

CHICKEN \$8.95

SHRIMP \$9.95

### TOM YUM GF

THAI CLEAR BROTH WITH LEMONGRASS, KAFFIR LIME LEAVES, LIME, TOMATO, ONION, MUSHROOM, CILANTRO AND SCALLIONS

### TOM KHA GF

THAI COCONUT MILK SOUP WITH GALANGA (WILD GINGER), LEMONGRASS, KAFFIR LIME LEAVES, LIME, CABBAGE, MUSHROOM, TOPPED WITH CILANTRO AND SCALLIONS

### HOUSE SOUP GF

LIGHT & HEALTHY VEGETABLE BROTH WITH MIXED VEGETABLES, TOPPED WITH CILANTRO AND SCALLIONS



## House Specials

### SWEET TAMARIND V \$14.95

SWEET TAMARIND SAUCE WITH FRIED SHALLOTS, OVER YOUR CHOICE OF CRISPY TOFU OR CRISPY CAULIFLOWER, SERVED WITH STEAMED BROCCOLI

### SOFT SHELL \$18.95

LIGHTLY BATTERED AND FRIED SOFT SHELL CRABS WITH OUR SPECIAL BLENDS OF HERBS, EGG, CELERY, CARROTS, ONIONS, BELL PEPPERS, AND CURRY POWDER (SAUCE CONTAINS DAIRY)

### SALMON CURRY GF \$18.95

GREEN CURRY PREPARED WITH COCONUT MILK, SALMON, AVOCADO, BAMBOO SHOOTS, EGGPLANTS, PEAS, CARROTS, BELL PEPPERS, AND THAI BASIL

### RED SNAPPER \$17.95

FRIED WILD RED SNAPPER FILLET, TOPPED WITH GREEN APPLE, RED ONION, TOMATO, AND CILANTRO IN THAI-STYLE LIME DRESSING

### KAOW MOK (CHICKEN \$15.95 OR SALMON \$17.95)

SLOWLY BRAISED CHICKEN THIGH IMPLIED TENDER IN YELLOW CURRY SAUCE OR SALMON STEAK, SERVED OVER YELLOW CURRY RICE, TOPPED WITH TOSSED SHALLOTS, COMES WITH A SIDE OF CUCUMBERS SAUCE (THIS IS A RICE DISH.)

### MUSSAMAN CURRY GF \$16.95

A POPULAR SOUTHERN THAILAND DISH OF SLOWLY BRAISED BEEF IN A RICH MILD CURRY SAUCE WITH CARROTS, POTATOES, PEPPERS, CHICKPEAS, AND ONIONS

